#### **Thursday**

April 19, 2007

## News from the

#### Top TV



- 1. "American Idol" (Wednesday), Fox, 28.56 million viewers. 2. "American Idol" (Tues-
- day), Fox, 26.78 million viewers. 3. "CSI: Crime Scene
- Investigation," CBS, 22.18 million viewers. 4. "House," Fox, 21.57 million viewers.
- 5. "Dancing With the Stars" (Monday), ABC, 18.84 million viewers.
- 6. "Dancing With the Stars Results" (Tuesday), ABC, 17.32 million viewers.
- 7. "Desperate Housewives," ABC, 16.35 million viewers.
- 8. "CSI: Miami," CBS, 16.11 million viewers. 9. "Shark," CBS, 14.49 million viewers. 10. "NCIS," CBS, 14.38
- million viewers.

Source: Nielsen Media Research.

- ▶ On April 19, 1775, the American Revolutionary War began with the battles of Lexington and Concord. In 1897, the first Boston Marathon was held; winner John J. McDermott ran
- the course in 2:55:10. In 1933, the United States went off the gold standard.
- In 1943, during World War II, tens of thousands of Jews living in the Warsaw Ghetto began a valiant but futile battle against Nazi forces.
- In 1951, Gen. Douglas MacArthur, relieved of his Far East command by President Truman, bid farewell in an address to Congress in which he quoted a line from a ballad: "Old soldiers never die; they just fade away."
- ▶ In 1975, India launched its first satellite atop a Soviet rocket.
- In 1982, astronauts Sally K. Ride and Guion S. Bluford Jr. became the first woman and first black to be tapped for U.S. space missions.

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Photos courtesy of Steve Goodrich

Charlie Brady, Rob Schwartz and Rebel rest near the summit of Blood Mountain in northern Georgia near Dahlonega.

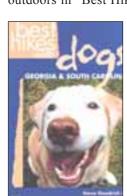
Take a hike

New book takes a look at the best hikes to take with your dog

> By TONY BAUGHMAN Staff writer

Rebel loves his walks on the wild side. Trekking through the north Georgia wilderness, he carries his own backpack, but no boots are required. He is perfectly content to refresh himself in the cooling waters of a mountain stream, and at 9 years old, he is more comfortable these days on gently rolling paths than severe mountain

Now, Rebel and his "people," Steve and Ashley Goodrich, are sharing their appreciation for the outdoors in "Best Hikes with Dogs: Georgia &

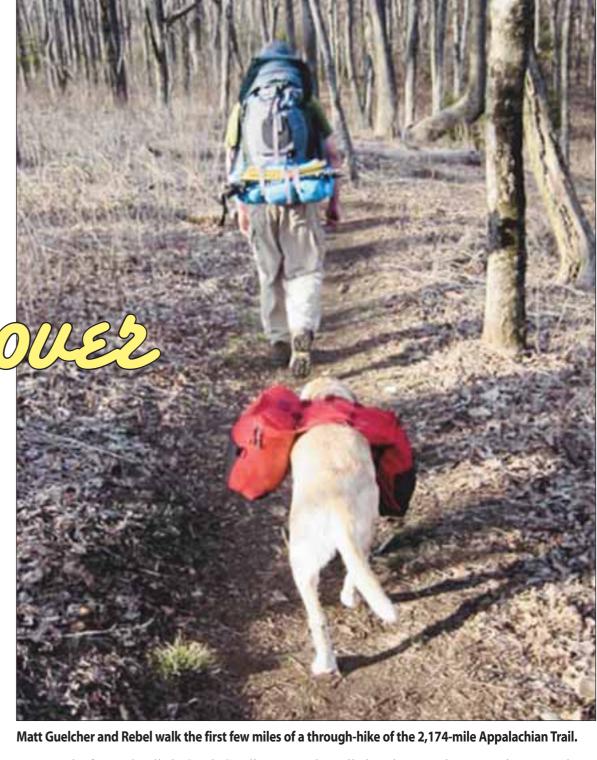


trails.

South Carolina," a new release from Mountaineers Books. The 240-page volume details 54 pet-friendly trails from the mountains to the sea, plus hints for hiking with man's best friend.

"The goal was to come up with hikes that you could wake up on a Saturday and within a couple of hours from any point in either state you could find something," Steve Goodrich said in an inter-

view from his Atlanta home. "I really tried to find some hikes along the coast, some in the middle section of the state, and some of the toughest terrain is in north Georgia and the upper corner of South Carolina, north of Greenville and Spartanburg.'



Among the featured trails in South Carolina are three loops at Harbison State Forest near Columbia, the six-mile Island Trail at Hunting Island State Park near Beaufort and the challenging 16mile Browns Mountain trail at Kings Mountain National Military Park. In all, 30 destinations in the Palmetto State are spotlighted in "Best Hikes with Dogs.

"Some of them I've done as day hikes, some are longer and more oriented for backpacking, Goodrich said. "You can definitely do them all as day hikes, if you want to."

Rebel stars in most of the book's 70 photos from along each trail. The book also includes more than 50 maps and handy graphs showing the trail elevations, as chapter entries gauge the doggy-difficulty of each loop.

"I pretty much take Rebel on every hike I do. He's getting a little older now, so I've got to be a little more selective. The longer hikes are kind of hard on him, so I try to keep them to five to 10

miles round trip," Goodrich said. "Best Hikes with Dogs: Georgia & South Carolina" also offers advice on etiquette for hiking with pets, the essentials of packing for your pet and warnings of potential hazards, including wildlife and insects.

It is priced at \$16.95 and is available at major bookstores and from Mountaineers Books at www.mountaineersbooks.org.

### **Ten Canons of Canine Trail Etiquette**

- 1. Use a leash. Put your dog on a leash, not just where required but when you meet other hikers and dogs on the trail.
- 2. Stay on the trail. This helps prevent erosion and makes it more difficult for your dog to get lost.
- 3. Yield to other hikers. If another hiker approaches, step to the side of the trail, keep your leashed dog close to you and let the other hiker(s)
- pass. 4. Yield to horses, mountain bikers. Hold your dog close during these
- encounters, stay still and let the others pass. 5. Greet other outdoor adventurers. This breeds goodwill and ensures
- that your dog sees the other outdoorsman as a friend and not a foe.
- 6. No more than two dogs. Any more is a pack, which means the ani-
- mal will be much harder to control. 7. Clean up after your pet.
- 8. Obey the rules. Other than keeping you and your pooch out of trouble, this also will ensure that you do not ruin the experience for the rest of

9. Leave wild animals alone.

- 10. Be courteous around the campsite. This means no begging, barking, growling, etc. It also means respecting other hikers' rights to enjoy themselves without your dog raiding their food, stomping across their sleeping pad (or bag) or tracking muddy paws into their tent.
- Adapted from "Best Hikes with Dogs: Georgia & South Carolina" by Steve Goodrich and Ashley Goodrich, \$16.95 paperback.

## And the answer is



Allegra Print and Imaging in Aiken. Ross and Emma Bullington were the only ones who had the correct answer. Check back Saturday for the next edition of Where in Aiken?



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